

Mental Edge Counseling, LLC.

Client Resource Binder



Created June, 2023

Outpatient Mental Health

Northnode Group Counseling, LLC.

1609 S State St, **Dover**, DE 19901

(302) 257-3135

Services

- Individual talk therapy
 - Family therapy
 - Couples counseling
 - Group therapy
 - Addiction counseling
 - Substance abuse recovery
 - Psychiatric disorders
-

Anew Mental Health

819 S Governors Ave, **Dover**, DE 19904

(302) 678-4558

Services

- Initial assessments
 - Individual therapy
 - Family therapy
 - Relationship and marital therapy
 - Court-ordered evaluations
 - Crisis interventions
 - Anger management treatment
 - Individual substance abuse treatment (**does not do inpatient, rehab, or Suboxone**)
 - Drug and alcohol evaluations
 - Urinalysis screening
 - Mental health evaluations
 - Medication management
 - Accepts all major insurances, including medicare, medicaid, and tricare
-

LifeStance Health (LifeStance Therapists & Psychiatrists Dover)

200 Banning St Suite 260, **Dover**, DE 19904

Telephone: (302) 224-1400 Fax: (302) 224-1402

Services

- Applied Behavior Analysis (ABA) for autism spectrum
- Adult psychiatry
- Child and adolescent psychiatry
- Child and adolescent therapy
- Child-parent relationship therapy
- Cognitive behavioral therapy
- Couples therapy
- Dialectical behavioral therapy
- EMDR therapy
- Family therapy
- Intensive outpatient therapy (IOP)
- Medication management
- Psychotherapy

(302)224-1400 is the phone number for all Delaware locations: Claymont, Dover, Middletown, Millsboro, New Castle, Newark, Rehoboth Beach, and Wilmington

LifeStance Health (LifeStance Therapists & Psychiatrists Claymont)

650 Naamans Road, Suite 110 **Claymont**, DE 19703

Telephone: (302) 224-1400 Fax: (302) 224-1402

LifeStance Health (LifeStance Therapists & Psychiatrists Middletown)

735 Mapleton Ave, Suite 200 **Middletown**, DE 19709

Telephone: (302) 224-1400 Fax: (302) 224-1402

LifeStance Health (LifeStance Therapists & Psychiatrists Millsboro)

24077 Country Living Rd, Suite 2 **Millsboro**, DE 19803

Telephone: (302) 224-1400 Fax: (302) 224-1402

LifeStance Health (LifeStance Therapists & Psychiatrists New Castle)

100 W Commons Blvd, Suite 301 **New Castle**, DE 19720

Telephone: (302) 224-1400 Fax: (302) 224-1402

LifeStance Health (LifeStance Therapists & Psychiatrists Newark

1)

100 Commerce Dr, Building 100, Suite 300 **Newark**, DE 19713

Telephone: (302) 224-1400 Fax: (302) 224-1402

LifeStance Health (LifeStance Therapists & Psychiatrists Newark

2)

300 Biddle Ave, Suite 207 **Newark**, DE 19702

Telephone: (302) 224-1400 Fax: (302) 224-1402

LifeStance Health (LifeStance Therapists & Psychiatrists Newark

3)

910 S Chapel St, Suite 102 **Newark**, DE 19713

Telephone: (302) 224-1400 Fax: (302) 224-1402

LifeStance Health (LifeStance Therapists & Psychiatrists

Rehoboth)

19409 Plantation Rd, Suite 4 **Rehoboth Beach**, DE 19971

Telephone: (302) 224-1400 Fax: (302) 224-1402

LifeStance Health (LifeStance Therapists & Psychiatrists

Wilmington 1)

4420 Limestone Rd, Suite 307 **Wilmington**, DE 19808

Telephone: (302) 224-1400 Fax: (302) 224-1402

LifeStance Health (LifeStance Therapists & Psychiatrists

Wilmington 2 Evals)

3521 Silverside Rd, Suite 2F1 **Wilmington**, DE 19810

Telephone: (302) 224-1400 Fax: (302) 224-1402

Services

- Psych. evaluations
- ADHD/ASD evaluations
- Child, adolescent, and adult psychiatry and outpatient mental health treatment

Delaware Guidance Services

103 Mont Blanc Blvd, **Dover**, DE 19904

(302) 678-3020

Services

- Family therapy
- Parent and child therapy
- Individual counseling

Mind and Body Consortium

156 S State St Alley, **Dover**, DE 19901

(302) 674-2380

Services

- Marital counseling
 - Family counseling
 - Individual counseling
 - Medication management
 - Addiction treatment
 - Psychiatric assessments
 - Crisis intervention
-

A Center for Mental Wellness

121 W Loockerman St, **Dover**, DE 19904

(302) 674-1397

Services

- Anger management
 - ADHD
 - Anxiety
 - Obsessive compulsive disorder (OCD)
 - Bipolar
 - Depression
 - Grief and loss
 - Family counseling
 - Substance abuse
 - Individual counseling
 - Child therapy
-

Fellowship Health Resources

505 W Market St #110, **Georgetown**, DE 19947

(302) 854-0626

Services

- Outpatient mental health counseling services
 - Substance addiction intensive outpatient (IOP)
-

People's Place Counseling Center (Milford)

1131 Airport Road **Milford**, DE 19963

(302) 422-8026

Services

- Outpatient mental health counseling
- Telemed services
- Medication management
- Individual and family therapy

**Fax number for all
People's Place
counseling locations:
(302) 422-0701**

People's Place Counseling Center (Millsboro)

30265 Commerce Drive, Suite 201 **Millsboro**, DE 19966

(302) 934-0300

Services

- Outpatient mental health counseling
- Telemed services
- Medication management
- Individual and family therapy

People's Place Counseling Center (Seaford)

350 Virginia Avenue **Seaford**, DE 19973

(302) 422-8026

Services

- Outpatient mental health counseling
- Telemed services
- Medication management
- Individual and family therapy

People's Place Counseling Center (Smyrna)

204 Georges Alley, **Smyrna**, DE 19977

(302) 653-2341

Services

- Outpatient mental health counseling
- Telemed services
- Medication management
- Individual and family therapy

Julie Lewicki (Play Therapist)

(302) 531-0763

Outpatient Psychiatric Practice: Behavioral Health (Christiana Care)

205 W 14th St Suite 100, **Wilmington**, DE 19801
(302) 320-2100

Services

- Individual, group, and family therapy
- Cognitive-behavioral therapy
- Medication management + psychotherapy
- Psychological evaluations and testing
- Transcranial magnetic stimulation therapy (depression treatment)
- Referrals to specialists

Circle of Hope Services, LLC.

200 S Dupont Blvd Unit 104, **Smyrna**, DE 19977
(302) 223-4063

Services

- Individual and group counseling
- Individual psychotherapy
- Telehealth treatment
- Drug and alcohol counseling
- Psychiatric diagnosis

Middletown Counseling Services

401 N Broad St, **Middletown**, DE 19709
(302) 376-0621

Services

- Individual therapy
- Couples therapy
- Addiction treatment and rehab
- Child counseling
- Group and family therapy

Courageous Hearts, LLC. (Equine Horse Therapy)

8848 September Way, **Lincoln**, DE 19960
Telephone: (302) 491-6946 Fax: (302) 265-2790

Mccormick and Associates of Middletown

Located in Cricklewood Grove

5350 Summit Bridge Rd Suite 103, **Middletown**, DE 19709

(302) 449-0710

Services

- Adult psychiatry
- Adolescent psychiatry
- Pediatric psychiatry (ages 10 years and older)
- Medication management
- Telehealth

Integrative Psychology Group, LLC.

300 Creek View Rd #100, **Newark**, DE 19711

(302) 307-3702

Services

- Psychological testing
- Neuropsychological evaluations
- Psych-educational testing and diagnosis of dyslexia, processing issues, and learning disabilities
- ADHD assessment/eval
- Autism spectrum disorder diagnosis
- Behavior and mood disorders
- "Fitness for duty" evaluations
- Independent educational evaluations
- Education consultation with schools and families
- Medical procedure screening
- Adoption evaluations
- Grief counseling
- Career counseling
- Couples counseling
- Marriage and family therapy
- Parent-Child interaction therapy (PCIT)

Creative Medical Consulting (Mental Health and Primary Care)

111 6th Street S Dupont Highway, **Odessa**, DE 19730

Telephone: (302) 313-1411

Fax: (844) 312-6150

Shelby Bradford (Clinician)

(302) 212-4051

Services

- Telemedicine
 - Eating disorders
-

Lauren Hubbard (Houston)

(302) 865-8098

Services

- Individual therapy only
 - Only takes ages 18+
-

Emily White (Camden, DE)

(302) 526-0039

Services

- Grief therapy
 - Therapy for new mothers
-

Willow Counseling Services

222 S Dupont Hwy, **Dover**, DE 19901

(302) 313-1072

Services

- Telehealth and in-person counseling
 - Infertility
 - Postpartum depression
 - Women's health
-

Thriveworks Counseling and Psychiatry (Dover)

1326 S Governors Ave Suite A, **Dover**, DE.

(302) 208-9174

Services

- EMDR and trauma therapy
- Child and adult individual counseling
- Psychiatry
- Autism treatment
- Substance addiction treatment
- Relationship counseling
- Anger management
- Medication

Thriveworks Counseling and Psychiatry (Newark)

850 Library Ave Suite 104, **Newark**, DE. 19711

(302) 724-6662

Thriveworks Counseling and Psychiatry (Wilmington)

300 Delaware Ave Suite 1205, **Wilmington**, DE. 19801

(302) 316-1650

AFW Counseling Services, LLC.

925 Kitts Hummock Rd, **Dover**, DE. 19901

(302) 734-0991

Services

- Family counselor in Dover

Mind Mechanix, LLC.

556 S Dupont Blvd Suite I, **Milford**, DE. 19963

Telephone: (302) 503-5142

Email: info@mindmechanixllc.com

Services

- Individual therapy for **all ages**
- Family therapy
- Relationship therapy

Mind Mechanix, LLC.

556 S Dupont Blvd Suite I, **Milford**, DE. 19963

Telephone: (302) 503-5142

Email: info@mindmechanixllc.com

Services

- Individual therapy for **all ages**
- Family therapy
- Relationship therapy

Delaware Psychological Services (Lewes)

16287 Willow Creek Road **Lewes**, DE. 19958

Telephone: (302) 703-6332

Email: info@dps-wellness.com

Services

- Telehealth
- Substance addiction treatment
- Behavioral health
- EMDR
- They also have a golden doodle therapy dog

Delaware Psychological Services (Newark)

262 Chapman Road, Bellevue Building Suite 100, **Newark**, DE. 19702

Telephone: (302) 703-6332 Email: info@dps-wellness.com

Inpatient Mental Health

Dover Behavioral Health System (DBH)

725 Horsepond Rd, **Dover**, DE 19901

(302) 741-0140

Services

- Inpatient mental health treatment
 - Adolescent partial hospitalization for psychiatric disorders
 - Substance use disorder intensive outpatient (IOP)
 - Detoxification treatment
 - Assessments and referrals
 - Adult partial hospitalization
-

SUN Behavioral Delaware

21655 Biden Ave, **Georgetown**, DE 19947

(302) 207-9176

Services

- Inpatient for both adolescents and adults
 - Outpatient for both adolescents and adults
 - Telehealth options
 - Group and individual therapy
 - Trauma therapy and depression screening tools
-

Christiana Care: Inpatient Psychiatry Acute Care Program

ChristianaCare's Department of Psychiatry

(302)320-2118

Services

- **ChristianaCare's Department of Psychiatry offers an acute-care program** providing intensive diagnostic evaluations and intensive short-term treatment to help people in **emotional and behavioral crisis**. In addition, recognizing that physical illnesses frequently complicate psychiatric disorders, **ChristianaCare offers comprehensive and coordinated medical, neurological and psychiatric assessments and treatment**, backed by the ChristianaCare.
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MeadowWood Behavioral Health Hospital

575 S Dupont Hwy, **New Castle**, DE 19720

(888) 915-1521

Services

- Adolescent inpatient
- Adult inpatient
- Senior inpatient
- Partial hospitalization
- Detox and substance abuse treatment

What They Treat (Mental Health)

- ADHD
- Anxiety
- Depression
- Schizophrenia
- Adjustment disorder
- Bipolar
- Oppositional Defiant Disorder (ODD)
- Self-harm
- Alzheimer's
- Dementia
- PTSD
- Psychosis

What They Treat (Substance Addictions)

- Alcohol
 - Benzo
 - Heroin
 - Meth
 - Prescription drugs
 - Pain killers
 - Percocets
 - Oxycodone
-

Rockford Center

100 Rockford Dr, **Newark**, DE 19713

(302) 996-5480

Services

- Adult psychiatric inpatient treatment
 - Adult day treatment program
 - Adult substance use intensive outpatient program (IOP)
 - Child psychiatric inpatient treatment
 - Child day treatment program
 - Adolescent psychiatric inpatient treatment
 - Adolescent day treatment program
 - Older adult (senior) psychiatric inpatient treatment (ages 65+)
 - Expressive therapies (music, art, dance therapy)
 - Adult day treatment and substance use disorder IOP occur at the adult day facility, Rockford at the Orchards, located at **Orchard Commons Business Park, 5598 Kirkwood Highway, Wilmington, DE 19808.**
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Addiction Treatment

Drug and Alcohol Counseling and Rehab

Northnode Group Counseling, LLC.

1609 S State St, **Dover**, DE 19901

(302) 257-3135

Services

- Individual talk therapy
 - Family therapy
 - Couples counseling
 - Group therapy
 - Addiction counseling
 - Substance abuse recovery
 - Psychiatric disorders
-

Anew Mental Health

819 S Governors Ave, **Dover**, DE 19904

(302) 678-4558

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 - Family therapy
 - Relationship and marital therapy
 - Court-ordered evaluations
 - Crisis interventions
 - Anger management treatment
 - Individual substance abuse treatment (**does not do inpatient, rehab, or Suboxone**)
 - Drug and alcohol evaluations
 - Urinalysis screening
 - Mental health evaluations
 - Medication management
 - Accepts all major insurances, including medicare, medicaid, and tricare
-

Savida Health (Dover)

938 S Bradford St, **Dover**, DE 19901

(302) 608-6085

Services

- Opioid addiction
- Suboxone
- Substance addiction treatment
- Substance abuse counseling
- Vivitrol treatment
- Sublocade treatment

Savida Health (Newark)

4923 Ogletown Stanton Rd Ste 110 **Newark**, DE 19713

(302) 894-8628

Services

- Opioid addiction
- Suboxone
- Substance addiction treatment
- Substance abuse counseling
- Vivitrol treatment
- Sublocade treatment

Dover Comprehensive Treatment Center

431 S New St, **Dover**, DE 19904

(877)938-2156

Services

- Methadone clinic
- Suboxone and methadone treatment/maintenance
- Substance abuse education
- Relapse prevention
- Personalized care planning

Connections CSP

1114 S Dupont Hwy, **Dover**, DE 19901

(302) 672-9360

Services

- Addiction treatment
- Relapse prevention
- Methadone treatment

Brandywine Counseling and Community Services (Dover)

621 W Division St, **Dover**, DE 19904

(302) 672-0425

Services

- Drug diversion program
- DUI treatment court program
- First Stop DUI first offender program
- Delaware screening assessment and referral program (DSARP)
- Addiction treatment

Brandywine Counseling and Community Services (Newark)

24 Brookhill Dr, **Newark**, DE 19702

(302) 454-3020

Services

- Outpatient
- Medication-assisted treatment (methadone and Suboxone)
- Individual mental health counseling and substance abuse counseling
- Group mental health counseling and substance abuse counseling
- Relapse prevention
- Intensive outpatient (IOP)
- Opioid treatment program

Brandywine Counseling and Community Services (Milford)

769 E Masten Cir suite 113/115, **Milford**, DE 19963

(302) 856-4700

Services

- Opioid treatment program
- Outpatient treatment
- RISE adolescent program
- Perinatal program

Fellowship Health Resources

505 W Market St #110, **Georgetown**, DE 19947

(302) 854-0626

Services

- Outpatient mental health counseling services
 - Substance addiction intensive outpatient (IOP)
-

MeadowWood Behavioral Health Hospital

575 S Dupont Hwy, **New Castle**, DE 19720

(888) 915-1521

Services

- Adolescent inpatient
- Adult inpatient
- Senior inpatient
- Partial hospitalization
- Detox and substance abuse treatment

What They Treat (Mental Health)

- ADHD
- Anxiety
- Depression
- Schizophrenia
- Adjustment disorder
- Bipolar
- Oppositional Defiant Disorder (ODD)
- Self-harm
- Alzheimer's
- Dementia
- PTSD
- Psychosis

What They Treat (Substance Addictions)

- Alcohol
 - Benzo
 - Heroin
 - Meth
 - Prescription drugs
 - Pain killers
 - Percocets
 - Oxycodone
-

American Treatment Network (Dover)

1206 Forrest Ave **Dover**, DE 19904

(877) 286-5115

American Treatment Network (Newark)

620 Churchmans Rd Suite 103, **Newark**, DE 19702

(877) 469-1610

Services

- Opioid treatment
 - Addiction treatment
 - Drugs and alcohol addiction treatment
 - Mental health treatment
-

Housing/Homelessness

Dover Interfaith Mission for Housing

684 Forest St, **Dover**, DE 19904

(302) 736-3600

Housing shelter for men, shelter, supportive housing, and a resource center with training space to do more to assist those experiencing homelessness. Clients with addiction/substance use problems

Shepherd Place (Emergency Shelter)

1362 S Governors Ave, **Dover**, DE 19904

(302) 678-1909

Family shelter for women and their families, housing, case management, food and other basic needs at no cost to those who need them. Those needs include clothing and other items as well as a limited amount of household supplies to those that move from the shelter into their own home or apartment. **The Shepherd Place is intended to provide short term emergency shelter.**

Whatcoat Homeless Shelter (People's Place) Whatcoat Social Services

3 Vera way, **Dover**, DE 19904

(302) 734-0319

Whatcoat Social Services (Whatcoat) provides emergency shelter and transitional housing for low-income individuals and families.

- **Ruth Dorsey Emergency Homeless Shelter**—a 25-bed shelter for men, women, and families for up to a 45-day stay.
 - **Vera's Haven Transitional Housing**—10 townhomes for households who commit to working and continuing their education.
-

Code Purple

Attn: Code Purple, 1207 E Division St, **Dover**, DE 19901

(800) 733-6816

<https://www.codepurpledelaaware.com/>

Homeless shelter placement, food pantry, aids in housing and emergency shelter

Sanctuary Locations in Kent County

People's Church (Site for Men)

46 S Bradford St **Dover**, DE 19904

Directors: Ennio Emmanuel & Sue Harris

Site Leader: Teresa Campbell

302-526-6098 and 302-674-4177

Maranatha Life Changing Church (Site for Women and Children)

1235 E Division St **Dover**, DE 19901

Director: Dr. Maribel Garcia

Site Leader: Elaine Lewis

info@mlccde.org

304-331-9068

First State Community Action Agency

655 S Bay Rd, **Dover**, DE 19901

(302) 856-7761

<https://www.firststatecaa.org/clientbasedservices>

Services for individuals with a household income at or below 200% of the federal poverty guidelines. Food Pantry provides a three day supply of food staples to those in need, served on an as-needed basis. Emergency Services Program provides emergency assistance with rent, utilities, evictions, medical & prescription needs and also provides emergency shelter for victims of fire or domestic violence. All services are based on funding availability and all applicants must meet current CSBG income guidelines.

Sojourner's Place

2901 Governor Printz Blvd, **Wilmington**, DE 19802

(302) 764-4713

Shelter for men and women.

Services include shelter, case management services, and re-entry services.

First State Community Action Agency (Kent County Office)

655 S Bay Rd, **Dover**, DE 19901

800-372-2240

<https://www.firststatecaa.org/clientbasedservices>

Services for individuals with a household income at or below 200% of the federal poverty guidelines. Food Pantry provides a three day supply of food staples to those in need, served on an as-needed basis. Emergency Services Program provides emergency assistance with rent, utilities, evictions, medical & prescription needs and also provides emergency shelter for victims of fire or domestic violence. All services are based on funding availability and all applicants must meet current CSBG income guidelines.

First State Community Action Agency (Main Office Building in Georgetown)

308 N. Railroad Ave. **Georgetown**, DE 19947

Mail: info@firststatecaa.org

Phone: 800-372-2240

First State Community Action Agency (New Castle County Office)

19 Lambson Lane **New Castle**, DE 19720

Phone: 800-372-2240

Sunday Breakfast Mission

110 Poplar St, **Wilmington**, DE 19801

(877) 306-4663

Men's Shelter: Dormitory style men's shelter houses 100+ men

Women and Children's Shelter: Shelter for women with children seeking shelter and safety

Both shelters provide meals and programs for addiction recovery and maintenance, relationships, homelessness, soft skills, and life skills.

Emmaus House (Transitional Housing)

34 Continental Ave, **Newark**, DE 19711

(302) 737-2241

Mary Mother of Hope House I

1103 West Eighth Street, **Wilmington**, DE 19806-4605

(302) 652-8532

Capacity: 21 women, ages 18+

This shelter provides housing and supportive services for those women 18 and over who want to address the root causes of their homelessness. Programs include intensive case management, drug and alcohol counseling, mental health services, housing assistance and placement, and job search/training.

Mary Mother of Hope House II

121 North Jackson Street, **Wilmington**, DE 19805-3670

(302) 652-1935

Capacity: 9 bedrooms, including 9 cribs and 24 beds

Mary Mother of Hope House III

515 North Broom Street, **Wilmington**, DE 19805-3144

(302) 652-0970

Capacity: 6 bedrooms, including 4 cribs and 16 beds

Population: Women and children

Duration: 30-45 days

Mary Mother of Hope Houses II and III are emergency shelters for women and children. Provides an environment of support and guidance. Provides life management, parenting skills, childcare services, and case management services.

House of Joseph I

1328 West Third Street, **Wilmington**, DE 19805-3662

(302) 652-0904

Capacity: 12 men

Provides emergency shelter services to **employable homeless** men.

House of Joseph provides shelter and case management for healthcare and social needs.

Housing Alliance of Delaware

100 W 10th St #611, **Wilmington**, DE 19894

(302) 654-0126

Services

- Homelessness assistance
- Assistance finding housing
- Coordinates access to assistance

New Castle County Hope Center, Inc.

365 Airport Rd, **New Castle**, DE 19720

1-833-FIND-BED (833-346-3233) or email:

intake@housingalliancede.org.

Eligibility Criteria

- Operates by **referrals only!** Does not take walk-ins!
- Receives referrals from the Division of State Service Centers, call
- **1-866-843-7212** to be referred
- The other option for accessing emergency shelter is to call or text **1-833-FIND-BED (833-346-3233)**

Home of the Brave Foundation

6632 Sharps Rd, **Milford**, DE 19963

(302) 424-1681

Housing for homeless veterans

Eligibility Criteria

- Copy of DD214 and eligible for Grant and Per Diem program through the Department of Veteran Affairs
- Meet the HUD definition of homeless (literally homeless, or will be homeless within 14 days)
- Openness to personal treatment plans to transition out of homelessness
- Capable of living in a community environment and performing personal maintenance, cooking own meals, and performing household chores

Admission is based on space available, need, and personal motivation.

Length of stay depends on treatment plan, with a maximum of 6-9 months

Friendship House

722 N. Union St. **Wilmington**, DE 19805

Phone: (302) 428-0151

<https://www.friendshipousede.org/delaware-homeless/our-programs/transitional-housing/>

Designed for people who are recovering from substance abuse, domestic violence, or incarceration and need additional time to learn how to manage their lives with the goal of obtaining self-sufficient housing.

All of the houses are located in Wilmington, DE. The women's houses are Epiphany House, Jane Ashford House, Patterson House, Palmer I & II House, and Elizabeth House. The men's houses are Clark House, Criswell House, Corner House, Daughtry House, and Burton House. As residents move from stage to stage, they will also move to a new house.

Residents receive up to one year of subsidized housing in a communal living environment. During this residency year, participants engage with Friendship House staff to:

- Receive up to one year of subsidized housing in a communal living environment.
- Find and maintain employment
- Learn how to maintain a budget and manage finances
- Receive credit counseling and work to eliminate outstanding debt
- Improve relationship-building and decision-making skills
- Receive parenting training and, when possible, reunite with their children
- Address any issues threatening their long-term strategic recovery

Requirements

- Positive recommendation from a residential recovery program and involvement in a daily program (employment or education)
- \$25 security deposit due at time of move-in
- Savings and program payments based on income
- Food payments: \$25/week per adult; \$5 additional per week per child
- A desire to make changes in one's life
- A commitment to address personal issues
- Honesty with self and others
- The ability to take responsibility for one's own choices

Sussex County Crisis Housing Services, Inc.

Crisis House Emergency Shelter

110 N. Railroad Avenue **Georgetown**, DE 19947

833-346-3233

<https://www.scchsinc.org/>

Requirements

- Must be homeless
- Must be free of drugs and alcohol while residing at the shelter
- Head of household must be 18 years or older
- Must complete a background check at the Georgetown police department and be free of any outstanding warrants, sexual offenses, or violent offenses

Crisis House is an emergency shelter for homeless adults primarily in Sussex County but will accept admissions from throughout the state. Admissions are accepted on a **first come first serve basis when space is available**. The shelter houses 8 adults (6 men and 2 women) at any given time. It is a 30-day emergency program with comprehensive cost-free services including three daily meals, counseling, and referral assistance. Workshops, housing, and job search assistance are also provided.

Food Provisions

Dover First SDA Hope Food Program-Food Pantry

Dover First Seventh-Day Adventist Church

647 Wyoming Ave, **Dover**, DE 19901

(302) 674-3680

- Food pickup is each 2nd and 4th Wednesday of each month at 11:00AM
 - **Contact 302-697-2328 about the Hope Food Program**
-

Holy Cross Food Closet-Food Distribution Center

631 S State St, **Dover**, DE 19901

secretary@holycrossdover.org

302.674.5787 ext. 110

Calvary Assembly of God-Food Distribution Center

Calvary Church

1141 E Lebanon Rd, **Dover**, DE 19901

(302) 697-7776

The Salvation Army-Dover-Food Distribution Center (Food Bank)

611 Forest St, **Dover**, DE 19904

(302) 678-9551

Eligibility Criteria

- Photo ID of all adults 18+ (license, passport, etcetera)
 - Birth certificates for all children
 - Proof of address
 - Proof of income (award letter, letter from employer, 1 month of pay stubs, or notarized letter)
 - Food pantry is accessible once a month on Tuesdays and Thursdays, 11:00AM to 2:00PM
 - **Photo ID and proof of address are required at time of pickup**
 - **Soup kitchen accessible every Sunday at 1:30PM**
 - **Call (973)366-0764 to request further assistance for social services**
-

Food Bank of Delaware (Milford)

1040 Mattlind Wy, **Milford**, DE 19963

(302) 424-3301

Food Bank of Delaware (Newark)

222 Lake Drive **Newark**, DE 19702

(302) 292-1305 ext 232

Eligibility Requirements

- Bring proof of residency to the pantry (utility bill, Delaware ID, EBT card, etcetera)
- Bring photo ID to the pantry (ID, passport, etcetera)

Mamie Warren Senior Center Food Distribution Center

1775 Wheatleys Pond Rd, **Smyrna**, DE 19977

(302) 653-4078

Neighborhood House-Southern New Castle County Food Distribution Center

Neighborhood House

811 N Broad St, **Middletown**, DE 19709

(302) 378-7217

Rose Hill Community Center

19 Lambson Ln, **New Castle**, DE 19720

(302) 656-8513

Eligibility Criteria

- Photo ID (adults 18+)
 - Proof of address (adults 18+)
 - Social security card (minors)
 - Birth certificate (minors)
-

Greenbank Church of Christ Food Pantry

511 Greenbank Rd, **Wilmington**, DE 19808

(302) 994-3800

Open on select Thursdays 6:00PM to 6:45PM

Eligibility Criteria

- **Register online** at <https://greenbankcoc.org/pantry/> and click the blue link at the bottom of the page
- Empty the trunk of your vehicle
- Arrive on your registered night
- Do not arrive before 5:00PM
- Bring your Delaware proof of ID (driver's license, etcetera)

Cape Henlopen Food Basket

37510 Oyster House Rd, **Rehoboth Beach**, DE 19971

(302) 227-3528

The Cape Henlopen Food Basket (CHFb) is an emergency food service that provides assistance to Delaware residents. **The CHFb makes no evaluation of the client(s) needs; Everyone is given some food.**

Provisions

They provide needy families a 10 day supply of canned and frozen food, meats, and fresh produce as well as a supermarket voucher for fresh milk, eggs, and butter/margarine.

Cardiology

Delaware Cardiovascular Associates (Dover)

1113 S. State Street, Suite 100, **Dover**, DE 19901
(302) 734-7676

Delaware Cardiovascular Associates (Smyrna)

201 N. Main St, **Smyrna**, DE 19977
(302) 734-7676

Delaware Cardiovascular Associates (Milford)

415 S. DuPont Blvd, **Milford**, DE 19963
(302) 430-7676

Delaware Cardiovascular Associates (Bear)

121 Becks Woods, Dr Suite 200, **Bear**, DE 19701
(302) 834-7676

Bayhealth Cardiology Consultants

Located in: Bayhealth Hospital, Kent Campus
540 S Governors Ave Suite 201, 2nd Floor, **Dover**, DE 19901
(302)672-4600

Cardiology Physicians

1401 Foulk Rd Suite 201, **Wilmington**, DE 19803
(302) 366-8600

Cardiology Physicians

One Centurion Drive Suite 200, Abby Medical Center **Newark**, DE.
19713
Telephone: (302) 366-8600 Fax: (302) 366-5646

Bayhealth Heart and Vascular

200 Banning St #340, **Dover**, DE 19904
(302) 734-1414

Primary Care

Dover Family Physicians, P.A.

1342 S Governors Ave, **Dover**, DE 19904
(302) 734-2500

Bayhealth Family Medicine

1074 S State St, **Dover**, DE 19901
(302) 725-3200

Primary Care of Delaware

Located in Eden Hill Medical Center
200 Banning St #210, **Dover**, DE 19904
(302) 744-9645

Bayhealth Primary Care (Dover West)

720 S Queen St, **Dover**, DE 19904
(302) 734-7834

Bayhealth Primary Care (Smyrna)

401 N Carter Rd Suite 201, **Smyrna**, DE 19977
(302) 514-3371

Nemours Children's Health (Dover)

201 Towne Centre Drive, Suite 500 **Dover**, DE 19904
(302)672-5650

CNMRI Medical Clinic

1095 S Bradford St, **Dover**, DE 19904
(302) 678-8100

Nemours Children's Hospital (Al Dupont)

1600 Rockland Road **Wilmington**, DE 19803
(302) 651-4200

ChristianaCare Women's Health

Located in Smyrna Health and Wellness Center
100 S Main St, **Smyrna**, DE 19977
(302) 659-4520

Crozer-Chester Medical Center

1 Medical Center Blvd, Upland, PA 19013
(610) 447-2000

Bright Future Pediatrics

120 Old Camden Rd B, Camden, DE 19934
Telephone: (302) 883-3266
Fax: (302) 883-3084

Lared Health Center (Georgetown)

21444 Carmean Way Georgetown, DE. 19947
(302) 855-1233

Lared Health Center (Seaford)

300 High Street Seaford, DE 19973
(302) 855-1233

Lared Health Center (Milford)

21 West Clarke Avenue Milford, DE 19963
(302) 855-1233

Delaware Primary Care

810 New Burton Rd #3, Dover, DE 19904
(302) 730-0554

Middletown Family Care Associates

114 Sandhill Dr # 101, Middletown, DE 19709
(302) 378-4779

Kaza Pediatrics Associates, Inc. (Dr. Kaza)

810 New Burton Rd. Suite 1, Dover, DE. 19904
Telephone: (302) 674-2616 Fax: (302) 883-8020

ABC Pediatrics

740 S New St, Dover, DE 19904
(302) 674-0222

Kent Pediatrics

748 S New St suite 1/a, Dover, DE 19904
(302) 264-9691

Delaware Pediatrics (Appoquinimink Office)

3920 South DuPont Pkwy **Townsend**, DE 19734

Telephone: 302-449-2570 Fax: (302) 449-2570

Delaware Pediatrics (North Wilmington Office)

1403 Foulk Rd. Suite 103, **Wilmington**, DE. 19803

Telephone: (302) 762-6222 Fax: (302) 764-6058

Kids and Teens Pediatrics

125 Greentree Dr Suite 1, **Dover**, DE 19904

(302) 433-6891

Premiere Pediatrics

2600 Glasgow Ave Suite 213, **Newark**, DE 19702

Telephone: (302) 836-4440 Fax: (302) 836-4466

Southside Family Practice (Dover)

230 Beiser Blvd Suite 200, **Dover**, DE 19904

(302) 735-1880

Southside Family Practice (Smyrna)

28 Deak Drive, **Smyrna**, DE. 19977

(302) 659-3800

Autism Services

LifeStance Health (LifeStance Therapists & Psychiatrists Dover)

200 Banning St Suite 260, **Dover**, DE 19904

Telephone: (302) 224-1400 Fax: (302) 224-1402

Services

- Applied Behavior Analysis (ABA) for autism spectrum
- Adult psychiatry
- Child and adolescent psychiatry
- Child and adolescent therapy
- Child-parent relationship therapy
- Cognitive behavioral therapy
- Couples therapy
- Dialectical behavioral therapy
- EMDR therapy
- Family therapy
- Intensive outpatient therapy (IOP)
- Medication management
- Psychotherapy

(302)224-1400 is the phone number for all Delaware locations: Claymont, Dover, Middletown, Millsboro, New Castle, Newark, Rehoboth Beach, and Wilmington

LifeStance Health (LifeStance Therapists & Psychiatrists Claymont)

650 Naamans Road, Suite 110 **Claymont**, DE 19703

Telephone: (302) 224-1400 Fax: (302) 224-1402

LifeStance Health (LifeStance Therapists & Psychiatrists Middletown)

735 Mapleton Ave, Suite 200 **Middletown**, DE 19709

Telephone: (302) 224-1400 Fax: (302) 224-1402

LifeStance Health (LifeStance Therapists & Psychiatrists Millsboro)

24077 Country Living Rd, Suite 2 **Millsboro**, DE 19803

Telephone: (302) 224-1400 Fax: (302) 224-1402

LifeStance Health (LifeStance Therapists & Psychiatrists New Castle)

100 W Commons Blvd, Suite 301 **New Castle**, DE 19720

Telephone: (302) 224-1400 Fax: (302) 224-1402

LifeStance Health (LifeStance Therapists & Psychiatrists Newark

1)

100 Commerce Dr, Building 100, Suite 300 **Newark**, DE 19713

Telephone: (302) 224-1400 Fax: (302) 224-1402

LifeStance Health (LifeStance Therapists & Psychiatrists Newark

2)

300 Biddle Ave, Suite 207 **Newark**, DE 19702

Telephone: (302) 224-1400 Fax: (302) 224-1402

LifeStance Health (LifeStance Therapists & Psychiatrists Newark

3)

910 S Chapel St, Suite 102 **Newark**, DE 19713

Telephone: (302) 224-1400 Fax: (302) 224-1402

**LifeStance Health (LifeStance Therapists & Psychiatrists
Rehoboth)**

19409 Plantation Rd, Suite 4 **Rehoboth Beach**, DE 19971

Telephone: (302) 224-1400 Fax: (302) 224-1402

**LifeStance Health (LifeStance Therapists & Psychiatrists
Wilmington 1)**

4420 Limestone Rd, Suite 307 **Wilmington**, DE 19808

Telephone: (302) 224-1400 Fax: (302) 224-1402

**LifeStance Health (LifeStance Therapists & Psychiatrists
Wilmington 2 Evals)**

3521 Silverside Rd, Suite 2F1 **Wilmington**, DE 19810

Telephone: (302) 224-1400 Fax: (302) 224-1402

Services

- Psych. evaluations
- ADHD/ASD evaluations
- Child, adolescent, and adult psychiatry and outpatient mental health treatment

Nemours Children's Health (Milford)

101 Wellness Way **Milford**, DE 19963

(800) 416-4441

ChristianaCare Multidisciplinary Autism Program

501 W 14th St Suite 1E40, Gateway Building, **Wilmington**, DE 19801
(302) 320-2100, extension 3

Services

- Autism evaluations
- Child and adolescent psychiatry
- Medication management
- Cognitive behavioral therapy

New Behavioral Network (Newport)

240 N James St Suite 108, **Newport**, DE 19804
(302) 892-9210

Services

- Outpatient mental health
- ABA therapy for Autism Spectrum Disorder
- Mobile therapy
- Family intervention
- Parent education

New Behavioral Network (Dover)

1575 McKee Rd Suite 201, **Dover**, DE 19904
(302) 730-0720

Services

- Outpatient mental health
- ABA therapy for Autism Spectrum Disorder
- Mobile therapy
- Family intervention
- Parent education

Behavior Interventions, Inc. (ABA Treatment Center)

1012 College Road, Suite 103, **Dover**, DE 19904
(302) 747-5747

Services

- ABA therapy
 - Behavioral analysis
-

Exceptional Therapies

1001 S Bradford St #9, **Dover**, DE 19904

(302) 526-1959

Services

- ABA therapy
 - Speech therapy
 - Occupational therapy
 - Physical therapy
 - Counseling
 - Social skills groups
-

Kaleidoscope ABA Therapy Services (Newark)

924 Old Harmony Rd Suite 101-102, **Newark**, DE 19713

(877) 222-0399

Services

- ABA Autism Spectrum Disorder treatment
- Assessment and treatment
- Social skills training
- Parent training
- Serves up to age 21

Kaleidoscope ABA Therapy Services (Wilmington)

1405 Foulk Rd Suite 100, **Wilmington**, DE 19803

(877) 222-0399

Services

- ABA Autism Spectrum Disorder treatment
 - Assessment and treatment
 - Social skills training
 - Parent training
 - Serves up to age 21
-

BrightBloom Centers (Wilmington)

510 Philadelphia Pike, **Wilmington**, DE 19809

(302) 575-9702

Services

- ABA therapy
- Early intervention treatment
- Parent education and training
- School-based services
- Diagnostic services
- Home-based care

BrightBloom Centers (Middletown)

200 Cleaver Farm Rd **Middletown** , DE 19709

(302) 449-2011

Services

- ABA therapy
- Early intervention treatment
- Parent education and training
- School-based services
- Diagnostic services
- Home-based care

BrightBloom Centers (Milford)

1 Sussex Avenue **Milford**, DE 19963

(302) 327-9219

Services

- ABA therapy
 - Early intervention treatment
 - Parent education and training
 - School-based services
 - Diagnostic services
 - Home-based care
-

Health and Social Services (DHSS)

Delaware Health and Social Services (Dover)

Located in: Blue Hen Corporate Center
655 S Bay Rd, **Dover**, DE 19901
(302) 672-9500

Health and Social Services Department

200 S Dupont Blvd, **Smyrna**, DE 19977
(302) 514-4500

DSS Robscott Building

153 East Chestnut Hill Road **Newark**, DE 19713
(302) 451-3680

Services

- Child care
- Children's community alternative disability program
- Food stamps
- Healthy children
- Long term care
- Medicaid
- Qualified medicare beneficiary program
- Temporary assistance for need families

DHSS: Family Support Services

1901 N. Dupont Highway Charles Debnam Building **New Castle**, DE
19720

and

Adams State Service Center 546 S. Bedford Street **Georgetown**, DE
19947

Email: DHSS_DSSC@delaware.gov

Telephone: (302) 255-9675

Services

- Emergency assistance services
- Community resource assistance services
- Information and referrals

DFS: Division of Family Services

(302) 633-2657

Division of Youth Rehabilitative Services

(302) 633-2620

Transportation

Delaware Department of Transportation

800 S Bay Rd, **Dover**, DE 19901

(302) 760-2080

DART Paratransit Services

DART First State - ADA Eligibility 900 Public Safety Blvd **Dover**, DE 19901

Telephone: (800) 553-3278 Email:

DOT_Eligibility_Faxes@delaware.gov

Services

- Provides transportation with individuals who qualify under the Americans With Disabilities Act (ADA)

Eligibility Criteria

- The person is unable, as the result of a physical or mental impairment, to independently, get on or get off a bus on the fixed route; or
- The person needs the assistance of a wheelchair lift or other boarding assistance and is able to get on, ride, and get off a bus, but such fixed route bus is not available on the route when the individual wants to travel; or
- The person has a specific impairment-related condition that prevents travel to or from a bus stop in the system.

How to Apply

- Request an application from DART First State by calling (800) 553-3278 OR download the application from the website at **<https://dartfirststate.com/RiderInfo/Paratransit/index.shtml?dc=application>**
- Read and fill out the application
- Your healthcare professional must complete Part B
- All parts must be completed for the application to be considered
- Mail the application to

DART First State - ADA Eligibility 900 Public Safety Blvd Dover, DE 19901

OR **email to DOT_Eligibility_Faxes@delaware.gov**

LGBTQIA+

Camp Rehoboth Community Center

37 Baltimore Avenue **Rehoboth Beach**, DE 19971

Telephone: (302) 227-5620

Email: info@camprehoboth.com

PFLAG Rehoboth

111 Adams Avenue, **Lewes**, DE 19958

Telephone: (302) 841-1339

Email:

pflagrehobothbeach@gmail.com

Information

- LGBT+ group setting to discuss LGBT+ issues
 - LGBT+ support group
 - Meetings are held on the third Tuesday of each month from 6PM to 8PM
-

GLBT National Help Center

1-888-843-4564

Trans Crisis Line

1-877-565-8860

Center for Family Services

2 Chestnut St, Pennsville Township, **New Jersey** 08070

Telephone: 877-922-2377

Email: access@centerffs.org

Services

- LGBT+ friendly
 - Short-term walk-in shelter
 - Child and adolescent services
 - Individual counseling
 - Support groups
-

The Trevor Project

Telephone: 1-866-488-7386

Text: 678-678

Services

- LGBTQIA+ information support and resources
-

Parents of Trans Kids Support Group

PFLAG Delaware

Email: PTKDelaware@gmail.com

GLBT Nation Youth Hotline

1-800-246-7743

LGBTQ Youth Group (12-18 Years Old)

(302) 438-1545

Delaware Renaissance

Website: www.ren.org

Services

- Peer support group for transgender **adults**
-

Domestic Violence/Abuse

National Domestic Violence Hotline

Call: 1-800-799-7233

Delaware Coalition Against Domestic Violence

100 W. 10th Street Suite 903 **Wilmington**, DE 19801

Main: (302) 658-2958

New Castle County: (302) 762-6110 **(24-hour-hotline)**

Kent and Sussex Counties: (302) 422-8058 **(24-hour-hotline)**

Services

- Community resources
 - Domestic violence resource support
 - Domestic violence assistance
-

Child Inc. Domestic Violence Shelters

507 Philadelphia Pike, **Wilmington**, DE 19809

Main Telephone: (302) 762-8989

24-Hour Runaway and Homeless Youth Hotline: (302) 762-6373

Parent Education Telephone: (302) 254-5522

Services

- Two crisis shelters, specific to meeting the needs of victims of domestic violence, are operated from confidential locations. Single women or women with their children benefit from physical safety as well as a variety of additional services. Degreed, trained staff are on-site 24/7 to support residents. These supports include, but are not limited to, safety planning, goal setting, resource identification, social services and legal advocacy, support groups, and connections to employment and housing. The shelters look like typical family homes- with bedrooms, bathrooms, large kitchens, laundry rooms, playrooms, quiet rooms, and toys/activities for children to enjoy.
-

Rape/Abuse/Incest Hotline

1-800-656-4673

Child Abuse and Neglect Reporting Hotline

1-800-292-9582

Survivors of Abuse in Recovery (SOAR)

405 Foulk Rd, **Wilmington**, DE 19803

(302) 655-3953

Services

- SOAR is a non-profit organization dedicated to providing professional mental health services to victims of sexual trauma and their families regardless of their ability to pay.
- SOAR also provides education, advocacy and professional development.
- Group and individual therapy
- Family therapy
- Caregiver/family services and education

YWCA Delaware Sexual Assault Response Center

Located in: DSS/Robscott Building

153 E Chestnut Hill Rd, **Newark**, DE 19713

Main Building: (302) 224-4060 Extension 210

1-800-773-8570 (**Rape Crisis 24/7 Hotline**)

Services

- 24/7 Rape Crisis Hotline
- Information and referrals to other resources
- Support groups
- Community outreach
- Sexual assault education

Support Group

- YWCA Delaware's Sexual Assault Response Center's Empower Support Group is open to individuals of all genders and sexual identities who have experienced trauma. **Group sessions are held every other Wednesday from 6–8 p.m. and are free to participants.**
- To begin the intake process, contact Lauren Rosen at **LRosen@ywcade.org**

Domestic Abuse Project of Delaware County

14 W 2nd St, **Media, PA** 19063

Main Building: (610) 565-6272

(610) 565-4590 (**Delaware County Domestic Abuse Hotline**)

People's Place SAFE (Shelter, Advocacy, Freedom, and Empowerment)

SAFE Office: (302) 422-8058

People's Place 24-Hour Domestic Abuse Hotlines

Northern Kent County: (302) 678-3886

Kent and Sussex Counties: (302) 422-8058

Shepherd Place (Emergency Shelter)

1362 S Governors Ave, **Dover**, DE 19904

(302) 678-1909

Family shelter for women and their families, housing, case management, food and other basic needs at no cost to those who need them. Those needs include clothing and other items as well as a limited amount of household supplies to those that move from the shelter into their own home or apartment. **The Shepherd Place is intended to provide short term emergency shelter.**

Dover Police Victims Service

400 S Queen St, **Dover**, DE 19904

(302) 736-7134

Services

- 24-hour crisis intervention
- Death notifications
- Court accompaniments
- Criminal justice information updates/case management
- Referrals to community-based services
- Assistance with filing court paperwork
- Liaison between police officer and victim
- Assists in returning property to victim(s) when and where appropriate

Child Abuse and Neglect Hotline (DFS)

1-800-292-9582

Children's Advocacy Center of Delaware(CAC Dover)

611 S. Dupont Hwy – Suite 201 **Dover**, DE 19901

(302) 741-2123

Children's Advocacy Center of Delaware(CAC Georgetown)

Located in the Children and Families First Building

410 S. Bedford St. **Georgetown**, DE. 19947

(302) 854-0323

Children's Advocacy Center of Delaware(CAC Wilmington)

Located in Rockland Center Two

1801 Rockland Road **Wilmington**, DE 19803

(302) 485-7088

Employment

Division of Vocational Rehabilitation

Located in the Blue Hen Corporate Center

Blue Hen Corporate Center, 655 S Bay Rd #2h, **Dover**, DE 19901

(302) 739-5478

Services

- Assistance with finding employment and maintaining employment
- Employment services for people with disabilities

Division of Vocational Rehabilitation

4425 North Market Street **Wilmington**, DE 19802

(302) 761-8275

Division of Vocational Rehabilitation

University Office Plaza 252 Chapman Road, 2nd Floor **Newark**, DE 19702

(302) 368-6980

Division of Vocational Rehabilitation

Appoquinimink State Service Center 122 Silver Lake Road

Middletown, DE 19709

(302) 696-3180

Division of Vocational Rehabilitation

8 Georgetown Plaza Suite 2 **Georgetown**, DE 19947

(302) 856-5730

Hotline # Page

Child Abuse and Neglect Hotline (DFS)

1-800-292-9582

Delaware Crisis Text Line

Text **DE** to **741741**

Northern Delaware Crisis Prevention

1-800-652-2929

Southern Delaware Crisis Prevention

1-800-345-6785

Suicide and Crisis Hotline

Call or text 988

Child Hotline (Under Age 18)

1-800-969-4357

National Runaway/Homeless Hotline (Ages 12-21)

(302) 762-6373

Survivors of Abuse in Recovery

(302) 655-3953

National Domestic Abuse Hotline

1-800-799-7233

Rape/Abuse/Incest Hotline

1-800-656-4673

Delaware CORE (Psychosis Support)

(888) 284-6030

Veteran Crisis Line

1-800-273-8255 and **press 1**



Websites

www.survivorsofabuse.org

www.rainn.org

Website

- Rape, abuse, and incest national network

ok2talk.org

Website

- Monitored safe space for chatting

delaware-core.com

Website

- Early psychosis support for teens and young adults

Community Programs

Parents as Teachers

(302) 398-8945 **extension 117**

Services

- Supports parents with children from **ages birth to 5 years**
- Teen parent support
- Low-income family support
- Parents with limited education support
- **Kent and Sussex**

Big Brothers Big Sisters

(302) 998-3577

Services

- Community mentoring for young people
- Special programs for children of military or incarcerated parents

Promoting Safe and Stable Families Program

(302) 674-1355 (Kent County)

(302) 856-2918 (Sussex County)

Services

- FREE to at-risk families
- Connects families to services and resources
- Improves parent and child relationships

Latin American Community Center

(302) 655-7338

Services

- Bilingual (Spanish and English) counseling/educationl services